

# glycosade®

## Description

### A food for special medical purposes.

Glycosade is a hydrothermally processed high amylopectin maize starch.

## Indications

Glycosade is for use in the dietary management of Glycogen Storage Disease (GSD) where the use of a long acting starch is indicated, from 2 years of age.

## Dosage and Administration

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

**Each 60g sachet of Glycosade has an equivalent carbohydrate content to approximately 55g of uncooked cornstarch.**

## Preparation Guidelines

To be determined by the clinician or dietitian.

### Glycosade taken as a drink:

1. Measure your Glycosade dose into the shaker provided.
2. Add the liquid of your choice. Typically a sachet of Glycosade can be added to 100ml of cold water, milk or other permitted fluids.
3. Close the lid tightly and shake well for 10 seconds.
4. Drink your Glycosade straight away.

Glycosade may be also given through a feeding tube or added to permitted foods.

Further serving suggestions are available on request.

**DO NOT HEAT OR WARM GLYCOSADE AS THIS DESTROYS THE PROPERTIES OF THE STARCH.**

## IMPORTANT NOTICE

Must only be given to patients with proven GSD under strict medical supervision.

Suitable from 2 years of age.

Not for use as a sole source of nutrition.

For enteral use only.

# • Glycosade •

## Nutritional Information

		per 100g	per 60g sachet			per 100g	per 60g sachet
Energy	kJ	1510	906	Protein	g	0.5	0.3
	kcal	355	213	Salt	g	0.05	0.03
Fat	g	0.14	0.08	<b>Minerals</b>			
	of which saturates	g	0.09	0.05	Sodium	mg	20
Carbohydrate	g	88	53		mmol	0.9	0.5
	of which sugars	g	0	0			

## Osmolality:

(1 sachet added to 100ml water) = 11mOsm/kg

## Storage

Store in a cool, dry place.

Ideally sachets should be used immediately after opening.

Any unused powder in an open sachet should be kept in an airtight container or sealed with a clipper and used within 24 hours.

## Pack size/Weight

30 x 60g sachets = 1.8kg

## Shelf life

12 months.

