

This product is certified as Organic by ECOCERT S.A. with Ecocert Organic Standard equivalent to EC 834/2007 & 889/2008

Ayurveda Pura's specially selected Ayurvedic herbs are amongst the finest quality and purest in the world. Tested for heavy metals, bacteria and fungus.

Suitable for Vegetarians. Free of Sodium, Yeast, Gluten, Sugar, Artificial Colours and Flavours.

Directions:

1-2 capsules three times a day with water or as professionally directed.

Please consult your healthcare professional before taking this product if you are pregnant or under medical supervision.

<u>Each capsule contains</u>	<u>mg</u>
Organic Withania somnifera	500

Ingredients:

Organic Ashwagandha* (*Withania somnifera*), Gum Acacia, Starch

*Ingredients from Organic farming