

Olimp Collagen - powder



OLIMP COLLAGEN – strengths:

- ✓ High dose of collagen [5g]
- ✓ Fish collagen, which is considered superior to bovine collagen due to its similarity to human collagen and biological activity
- ✓ Portions for 30 days
- ✓ Hyaluronic acid positively affecting the hydration of the skin
- ✓ A comprehensive beauty product with valuable vitamins and active ingredients
- ✓ Ashwagandha - claims to have a rejuvenating effect
- ✓ Standardized grape seed extract



240 g



30 portions



Pineapple flavour

Composition – 1 daily dose

Fish collagen ECOLLAGEN®	5000 mg
Hyaluronic acid	10 mg
Vitamin A	800 µg (100%*)
Vitamin C	160 mg (200%*)
Vitamin D	5 µg (100%*)
Vitamin E	12 mg (100%*)
Thiamin (vit. B1)	1,1 mg (100%*)
Riboflavin (vit. B2)	1,4 mg (100%*)
Niacin (vit. B3)	16 mg (100%*)
Pantothenic acid (vit. B5)	6 mg (100%*)
Vitamin B6	1,4 mg (100%*)
Vitamin B12	2,5 µg (100%*)
Biotin	250 µg (500%*)
Folic acid	200 µg (100%*)
Selenium	27,5 µg (50%*)
Copper	0,5 mg (50%*)
Ashwagandhy KSM-66® root extract	50 mg
(of which: withanolides (5%))	2,5 mg
Grape seed extract (Vitis vinifera L.)	25 mg
of which: proanthocyanidins (95%)	23,75 mg

*NRV – Nutrient Reference Value.